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Poly-pharmacy	Hearing aids	Socks with grip	25%	Shower chair
Stand up slowly	Non-slip mat	Remove clutter	55 years old	Increasing
Physical activity	Menopause		Enlarged prostate	70 years old
Osteoporosis	Medicare	Physical therapist	Optometrist	Lamps and night lights
Shuffle	Falls	Pill box	Chair fitness exercises	Geriatric doctor

Use of multiple medications is called	Polypharmacy
Devices to assist with hearing loss	Hearing aids
Can help with walking indoors without slipping	Socks with grip
These doctors are specialized to treat older people	Geriatric doctor/ Geriatrician
If you are too weak to do standing exercise, you can do	Chair fitness exercises
This box can help you organize your medications by day	Pill box
The goal of today's education is to prevent	Falls
When you have Parkinson's, one may develop this type of walk	Shuffle
Can assist with seeing at night	Lamps and night lights
This person can help you adjust your glasses	Optometrist
This person may help you gain strength and mobility after a fall	Physical therapist
If you are over the age of 65, you qualify for this health insurance	Medicare
Older patients are at risk for brittle bones, a condition called	Osteoporosis
After this age, you are required to renew your driver's license in person in CA	70 years old
Older males with difficulty urinating may have this	Enlarged prostate
Hot flashes and other symptoms are associated with	Menopause
Doing this may reduce your risk of arthritis and dementia	Physical activity
The percentage of older people in the US is increasing or decreasing?	Increasing
This program provides all inclusive care for people over this age	55 years old
This can prevent falling over objects around your home	Remove clutter
This on your floor can prevent falling when getting out of the shower	Non-slip mat
Do this when getting up from a chair to prevent a fall	Stand up slowly
Can use this in the shower to avoid slipping	Shower chair
Approximately this percentage of older adults (65+) fall every year	25%