

PRESENTED BY THE
AAST PREVENTION AND GERIATRIC COMMITTEES

AAST 2023

#AASTOPTHEFALLS

COMMUNITY OUTREACH

TUESDAY, SEPTEMBER 19, 2023 10AM TO 2PM

AT THE ANAHEIM SENIOR CITIZENS CLUB 250 E. CENTER STREET, ANAHEIM, CA



UC Irvine Health

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Injury affects all persons of all ages from all walks of life. However, decreasing injury and optimizing outcomes is the commitment of the entire Trauma community. Understanding that falls are a significant cause of morbidity and mortality in the older population, the American Association for the Surgery of Trauma represented by the Injury Prevention and Geriatric Committees have taken a major step and created the “**Stop the Falls**” Community Outreach. This important collaborative event will take place as a pre-session to the 2023 AAST Annual Meeting on Tuesday, September 19, 2023 at the Anaheim Senior Citizens Club, in Anaheim CA. A multidisciplinary team of physicians, nurses, prehospital providers, among others, will provide information on fall risk, mechanisms and fall prevention techniques. Included in the event will be an interactive session that consist of a Tai Chi demonstration and Bingo, Prizes, give-a-ways and Lunch. We are excited about the event honored to work with together with the Anaheim Senior Citizens Club, the Anaheim Fire and Rescue and representatives from UCI Health Level 1 Trauma Center without whom this could not occur.

TIME	SPEAKER	TITLE
9:45 AM	COFFEE/SNACKS	
10:00 AM	TANYA EGODAGE, MD	WELCOME
10:05 AM	DELFA SETO	LOCAL PERSPECTIVE
10:10 AM	D' ANDREA JOSEPH, MD	INTRODUCTION
10:15 AM	THOMAS DUNCAN, MD	FIRST-HAND/FAMILY PERSPECTIVE
10:25 AM	TYLER PUTNAM, MD	IMPACT OF FALLS
10:35 AM	GERALDINE DATE	SENIOR RESOURCES
10:55 AM	BREAK	
11:05 AM	CAPTAIN BERRY	COMMON EMERGENCY RESPONSE FOR OLDER ADULTS
11:15 AM	PHYSICAL THERAPIST	GAIT AND BALANCE TRAINING
11:25 AM	TAI CHI INSTRUCTOR	TAI CHI
11:45 AM	ANITA LEE, OD	OPTOMETRY CARE/VISUAL ACUITY
12:05 PM	GERIATRICIAN	
12:25 PM	ELIZABETH GORMAN, MD	FALL PREVENTION BINGO
12:45 PM	BELLAL JOSEPH, MD	CLOSING REMARKS
12:50 PM	LUNCH/SOCIAL HOUR	

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